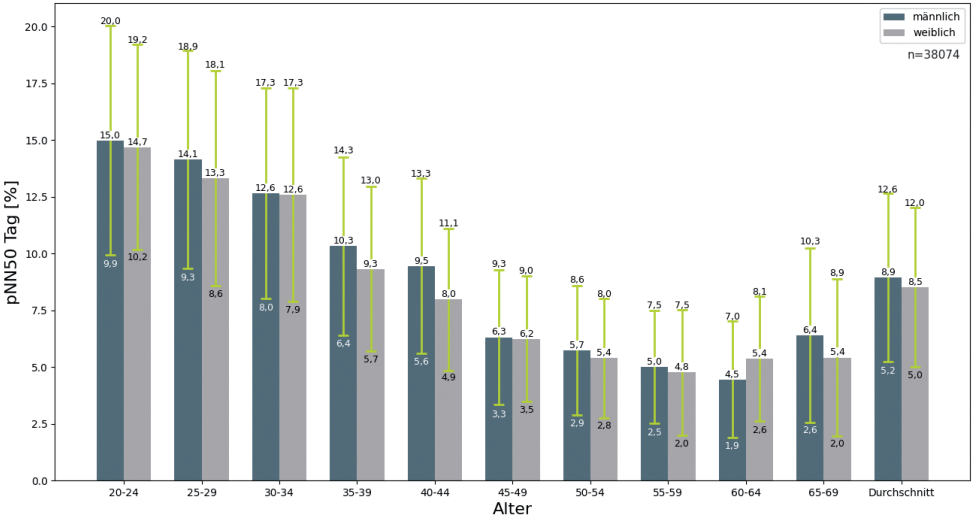

Abb. 4.13 pNN50 Tag Männer und Frauen (Quelle: Autonom Health®, 2021).